The new, smart and easy way to ensure healthy balanced meals, day after day.

Switzerland	
<b>201</b> +41 (0) 79 839 64 27	
info@myravan.ch	
(f) (B) (S) www.myravan.ch	



## about <mark>nutri</mark>Menu

- nutriMenu facilitates planning of healthy menus for all age groups,
- it is based on official nutrition guidelines and recommendations of Société Suisse de Nutrition,
- nutriMenu evaluates nutritional quality of menus and proposes suggestions for improvements,
- it offers a nutritional score to assess evolution over time,
- it is packed with didactic material for continued learning,
- and creates a pdf of menus ready for publishing.

## OUR TEAM

At Myravan solutions, we are a team of dietitians and developers and aim to leverage technology to reduce dietrelated public health issues.



I highly recommend nutriMenu to all cooks who have not yet used it,

"... it's a very helpful tool"

**Florim Krasniqi** CUISINER, CVE VALENCY, LAUSANNE

nutriMenu is a super useful tool that allows me to analyse the nutritional balance of my menus,

"... to use without moderation !" Filippo Pisano CUISINIER, CVE MONTELLY, LAUSANNE

nutriMenu has completely changed the way we work, it allows us to assess the nutritional balance of children's meals,

"... it helps us improve our menus"

Made Ermine Ramstein CUISINIER, CVE LA CHOTTE, LAUSANNE

## nutriMenu features





detailed nutrition analysis of meals based on official Swiss guidelines





packed with didactic content

easy mobile & web user experience



instant personalised co

continued nutrition training



feedback



ready to publish menus five star scoring system